

# If soil health is your goal, till as little as possible.

Tillage can destroy soil organic matter and structure along with the habitat that soil organisms need. Tillage, especially during warmer months, reduces water infiltration, increases runoff and can make the soil less productive. Tillage disrupts the soil's natural biological cycles, damages the structure of the soil, and makes soil more susceptible to erosion.



# Benefits of Reduced-Till/No-Till



Aiding in Plant Growth – Soils managed with reduced/no-till for several years contain more organic matter and moisture for plant use. Healthy soils cycle crop nutrients, support root growth, absorb water and sequester carbon more efficiently.



**Reducing Soil Erosion** – Soil that is covered year-round with crops, crop residue, grass or cover crops is much less susceptible to erosion from wind and water. For cropping systems, practices like no-till keep soil undisturbed from harvest to planting.



**Saving Money** – Farmers can save money on fuel and labor by decreasing tillage. Improving nutrient cycling allows farmers to reduce the amount of supplemental nutrients required to maintain yields, further reducing input costs.





**Providing Wildlife Habitat** – Crop residue, grass and cover crops provide food and escape for wildlife.

### **Chemicals**

Soils can be disturbed chemically or biologically through the misuse of fertilizers and pesticides, too. Excessive application of these materials can disrupt the delicate relationship between plants and soil organisms. And natural nutrient cycling is more profitable for farmers.

# **Livestock Grazing**

Improperly managed grazing can disturb the soil. There are several ways to graze livestock to reduce environmental impacts. For example, implementing a rotational grazing system instead of allowing livestock to continuously graze pasture allows pasture plants to rest and regrow.

## Soil Health Management Systems

Implementing Soil Health Management Systems can lead to increased organic matter, more soil organisms, reduced soil compaction and improved nutrient storage and cycling. As an added bonus, fully functioning, healthy soils absorb and retain more water, making them less susceptible to runoff and erosion. This means more water will be available for crops when they need it.

Soil Health Management Systems allow farmers to enjoy profits over time because they spend less on fuel and energy while benefiting from the higher crop yields resulting from improved soil conditions. Healthy soils also provide a buffer for precipitation extremes (too wet or too dry).

Contact your local NRCS office to learn more about Soil Health Management Systems and the technical and financial assistance available to help "Unlock the Secrets in the Soil."

